

Flavour of the week(end)

Sample menu 1

Dinner Day 1

Chicken and chorizo pasta bake

Meatloaf with onion gravy

Vegan meatballs, tomato and basil sauce, spaghetti

Apple crumble with custard

Assorted yoghurts

Lunch Day 2

Butterfly cajun chicken fillet

Beef and green peppers in black bean sauce

Vegan mince chilli con carne

Chocolate mousse

Forest fruit jellies

